

# ONLINE SAFETY NEWSLETTER

## SMART TECH, SAFE CHOICES – EXPLORING THE SAFE AND RESPONSIBLE USE OF AI

ISSUE 19 - SPECIAL

### SAFER INTERNET DAY SPECIAL

Welcome to this **Special Edition** of our Online Safety Newsletter, just in time for **Safer Internet Day**! Safer Internet Day is an annual day, where children all over the country explore how to be safe online. However, it is not just limited to children!

This year, Safer Internet Day is on **Tuesday the 10<sup>th</sup> of February**.

This year's theme is ***Smart tech, safe choices - Exploring the safe and responsible use of AI.***



### SAFE AND RESPONSIBLE USE OF AI

Artificial Intelligence (AI) is becoming part of everyday life, often without us realising it. While tools like ChatGPT are well known, AI is also used in things like video recommendations, predictive text, photo filters, and navigation apps.

AI can be a helpful tool that saves time and supports learning, but it's important to use it safely and responsibly. A good question to ask is - **“Does this feel right?”** - AI isn't always accurate and can sometimes give incorrect or unsuitable information.

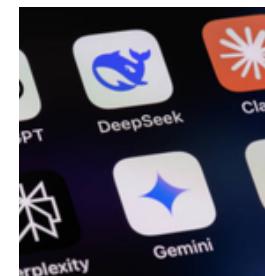
Always take a moment to check and review anything created by an AI tool before using or sharing it, especially when children are involved.

### WHY IT MATTERS

It is important that we, and especially children, are familiar with the benefits of AI and, most importantly, how to use it responsibly.

AI has made significant advancements over the past decade, and it will continue to develop rapidly in the years ahead.

Being able to recognise AI-generated content, such as false information or fake images and videos, is an important skill as we browse, use, and share content online.



### FIND OUT MORE!

There are some great resources below to help you find out more about Safer Internet Day and using AI responsibly.



*This is a quiz that you can use with your child to test your knowledge!*



*Top tips for Parents and Carers.*



*Top tips for young people.*



*Safer Internet Day site.*