

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Tomato & Basil Pasta



Margherita Pizza & Wedges



Roast Quorn & Gravy



Vegetable Bolognese with Penne Pasta



Vegan Vegetable Nuggets & Chips



Mac N Cheese Pasta

Traditional Creamy Beef Lasagne



Roast Chicken & Gravy

Sweet and Sour Chicken & Rice



Oven Baked Fish Fingers & Chips

Carrots & Peas



Broccoli



Roasted Potatoes Carrots



Peas



Beans



Ham Cheese Tuna

Ham Cheese Tuna

Ham Cheese Tuna

Ham Cheese Tuna

Ham Cheese Tuna

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Blueberry Cookie Bar



Chocolate & Banana Brownie



School Cake



Apple & Cocoa Sponge



Raspberry Jelly



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



MENU WEEK 2

SERVED W/C: 3rd Nov | 24th Nov | 15th Dec | 5th Jan | 6th Jan |
16th Feb | 9th Mar | 30th Mar | 20th Apr

THE FOOD EXPLORERS

Hutchison

Monday

Tuesday

Wednesday

Thursday

Friday

MAIN MEAL



OPTION 1

OPTION 2

Margherita
Pizza & Wedges



Vegan Sausage with Mashed
Potatoes & Gravy



Veggie Cottage Pie
& Gravy



Cheesy Cauliflower
Pasta Bake



Tex Mex Vegetable Fajita
Wrap & Chips



Tomato Pasta
Bake



Chicken Sausage,
Mashed Potatoes & Gravy

Roast Turkey with Roast
Potatoes & Gravy

Creamy Caribbean Chicken
Curry & Carrot Rice



Oven Baked
Fish & Chips

Peas



Carrot
& Peas



Broccoli &
Cauliflower



Carrot &
Mixed Salad



Baked
Beans



Ham
Cheese
Tuna

Ham
Cheese
Tuna

Ham
Cheese
Tuna

Ham
Cheese
Tuna

Ham
Cheese
Tuna

VEGGIES



FILLED ROLLS



AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS



Strawberry
Mousse



Oaty Apple
Crumble



Original
Flapjack



Chocolate &
Carrot Muffin



Lemon Sponge
& Custard



Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

Nutritionist's Choice



Vegetarian



Vegan



Added Wholewheat



	Monday	Tuesday	Wednesday	Thursday	Friday
MAIN MEAL	OPTION 1 Quorn Dippers with Oven Baked Wedges & Tomato Ketchup	Vegan Bolognaise Ragu Penne Pasta	Roasted Quorn Fillet Roasted Potatoes & Gravy	Baked Mac 'n' Cheese	Vegan Sausage Roll & Chips
OPTION 2	Margherita Pizza & Wedges	Beef Bolognaise Penne Pasta	Roast Chicken with Roast Potatoes & Gravy	Creamy Chicken Curry with Carrot Rice	Oven Baked Fish Fingers & Chips
VEGGIES	Peas & Carrots	Sweetcorn	Broccoli	Carrots	Beans
FILLED ROLLS	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna	Ham Cheese Tuna

AVAILABLE EVERY DAY Our crunchy colourful salad & jacket potatoes with cheese, beans, tuna mayo or cheese and beans

SWEET TREATS	Strawberry Whip	Cookies	Orange Jelly & Mandarins	Gingerbread Squares	Garden Brownie
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Desserts available every day - a choice of jelly, fruit or yoghurt

KEY

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