


# ONLINE SAFETY NEWSLETTER

## PROTECTING PRIVATE AND PERSONAL INFORMATION ONLINE

### ISSUE 2

### PROTECTING YOUR PERSONAL INFORMATION

In today's digital age, it is more important than ever that children are learning how to protect their personal information online. Remind children that before sharing their information, they should ask themselves the following:

- Do I know this person?
- Is the site secure? (Look for a  in the web browser)
- Am I sharing any private details? (Birthday, school, address)

By following this process, children build a routine that protects their personal information.



### TOP ONLINE SAFETY TIPS FOR CHILDREN:

Help your child build smart online habits with these key tips:

- **Check privacy settings** – Only friends should see their posts.
- **Never share personal details** – No addresses, phone numbers, or school names.
- **Use strong passwords** – Mix letters, numbers, and symbols.
- **Only accept real friends** – Don't add strangers online.
- **Think before posting** – Photos and comments stay online forever.

### APP SPOTLIGHT - INSTAGRAM



This week's app spotlight is **Instagram**.

Instagram is popular for sharing pictures and videos, but as a parent, it's important to know what to monitor if your child is using it. Without guidance, children could be exposed to harmful content, strangers, or pressure to post things they don't fully understand.

- Instagram requires users to be **at least 13**.
- Make sure your child's account is set to private.
- Regularly check who is following them; they should only connect with people they know.
- Keep up with what they are posting.

Scan the QR code to learn more:

