



Children's Mental Health Week

'Know Yourself, Grow Yourself'

Monday 3rd – Friday 7th February

	EYFS	Y1	Y2	Y3	Y4	Y5	Y6
Monday Boccia Musical Mondays	2YO & Nurs – Popcats 9:30 – 10:30 Rec Popcats – 10:30 – 11:30	Activate Livestream @ 10 Mindfulness Yoga – 1:15 – 2:15	Activate Livestream @ 10 Mindfulness Yoga – 2:15 – 3:15	LSC – Why is exercise important? 1:15 – 2:15		LSC – Why is exercise important? 2:15 – 3:15	
Tuesday LFC Safer Internet Day Y6 Football Tournament	Rhyme Time Livestream (9:15 – 9:30)		Beatles Museum Trip			POWER Programme – 2:15 – 3:15	Ukulele – 2:30-3:00
Wednesday Read with Me Stay & Pray	2YO & Nurs – Storybarn 9:30 – 10:15 Rec - Storybarn – 10:15 – 11:00	Storybarn – 11:15 - 12:15	Storybarn – 1:15 -2:15 Art Therapy – 2:15 – 3:15	GAA – 10 -11 Stay & Pray – 2:45-3:00	LFC Resilience W/Shop – 1:30-2:15		GAA – 11:15-12:15 LFC Resilience W/Shop – 2:15-3:00
Thursday Celebration of the Word				Inspire Livestream @ 9:30 Poetry Workshop – 11:15 – 12:15	Inspire Livestream @ 9:30 Poetry Workshop – 10 - 11	Inspire Livestream @ 9:30 Swimming – 1:15-2:30	
Friday NSPCC Number Day				Greek & Rome History Trip	Faiths4Change Gardening – 1:15-2:15	Faiths4Change Gardening – 2:15-3:15	Edgehill Uni Livestream @ 9:30