



PHYSICAL EDUCATION Y2 PROGRESSION MAP

AUTUMN TERM	SPRING TERM	SUMMER TERM
Progression Statement		
FUNDAMENTALS <ul style="list-style-type: none"> Physical: balancing, sprinting, jogging, dodging, jumping, hopping, skipping Social: taking turns, supporting and encouraging others, respect, communication Emotional: challenging myself, perseverance, honesty Thinking: selecting and applying, identifying strengths 	GYMNASTICS <ul style="list-style-type: none"> Physical: shapes, balances, shape jumps, travelling movements, barrel roll, straight roll, forwards roll Social: sharing, working safely Emotional: confidence, independence Thinking: observing and providing feedback, selecting and applying actions 	ATHLETICS <ul style="list-style-type: none"> Physical: running at different speeds, jumping for distance, throwing for distance Social: working safely, collaborating with others Emotional: working independently, determination Thinking: observing and providing feedback, exploring ideas
MINDFUL MOVEMENT <ul style="list-style-type: none"> Physical: breathing, relaxation, balance, flexibility, strength Social: working safely, sharing ideas, leadership Emotional: calmness, patience, understanding, independence Thinking: selecting actions, creating poses, focus, providing feedback 	DANCE <ul style="list-style-type: none"> Physical: travel, copying and performing actions, using dynamics, pathway, expression and speed, balance, coordination Social: respect, consideration, sharing ideas, decision making with others Emotional: acceptance, confidence Thinking: selecting and applying actions, counting, observing and providing feedback, creating 	
TEAMWORK <ul style="list-style-type: none"> Physical: travelling actions, jumping, balancing, Social: communication, listening, leading, inclusion Emotional: trust, honesty and fair play, acceptance Thinking: planning, decision making, problem solving 	GAMES (TARGET GAMES) <ul style="list-style-type: none"> Physical: throwing, rolling, striking Social: communication, collaboration, kindness, support Emotional: honesty, perseverance, independence, manage emotions Thinking: select and apply, using tactics, decision making, provide feedback, problem solving 	GAMES (STRIKING & FIELDING) <ul style="list-style-type: none"> Physical: throwing and catching, tracking a ball, bowling, batting Social: communication, collaboration Emotional: honesty, acceptance, controlling emotions Thinking: select and apply, using tactics, decision making

Year group long-term overview (with statutory requirements) and subject progression map (above) to be used together to inform medium term planning.