



PSHE PROGRESSION MAP

Year 1			
	AUTUMN TERM:	SPRING TERM:	SUMMER TERM:
	Families and Friendships Safe Relationships Respecting Ourselves and Others	Belonging to a Community Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Wellbeing Growing and Changing Keeping Safe
Domain	Progression Statement		
	Expected children should:		
Relationships	<ul style="list-style-type: none"> • Roles of different people; families; feeling cared for • Recognising privacy; staying safe; seeking permission • How behaviour affects others; being polite and respectful 		
Living in the Wider World	<ul style="list-style-type: none"> • What rules are; caring for others' needs; looking after the environment • Using the internet and digital devices; communicating online • Strengths and interest; jobs in the community 		
Health and Well Being	<ul style="list-style-type: none"> • Keeping healthy; food and exercise; hygiene routines • Recognising what makes them unique and special; feelings; managing when things go wrong • How rules and age restrictions help us; keeping safe online 		

Year group long-term overview (with statutory requirements) and subject progression map (above) to be used together to inform medium term planning.