

# YOUR MENU THIS WEEK



EDUCATION

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Cheese & tomato pizza (v) (1,3) or Five Bean quesadilla (3)  Potato wedges, beans & seasonal salad  Ice Cream (1)	Cottage pie (1) or Vegetable Lasagne (v)(1,3)  Carrots & broccoli  Strawberry Jelly	Roast Chicken with Roast Potatoes  Vegetable burger with Jacket Half (v) (1,3)  Seasonal Greens, Carrots  Vanilla sponge with apple and custard (1,3,11)	Beef Lasagne (1,3) or Bean & vegetable cottage pie (v) (1)  Sweetcorn, coleslaw (11)  Chocolate mousse (1)	Fish fingers (2,3) or Cheese and onion roll (v) (1,3)  Chips, beans, peas  Arctic Roll (1,3,11)
WEEK TWO	Vegetable sweet and sour with rice or Mac & cheese & Garlic Slice (v) (1,3)  Broccoli & carrots  Frozen Yoghurt (1)	Pork Sausage, mash & gravy (1,3,12) or Vegetable Omelette & Jacket half (11)  Peas & corn  Chocolate sponge with pear compote (1, 3, 11)	Roast Turkey & Stuffing with Roast Potatoes (3)  Tomato & penne pasta topped with grated cheese (v)(1,3)  Seasonal Greens, Cauliflower,  Vanilla shortbread (1,3)	Bolognese penne pasta (2,3) or Cheese & tomato pizza (v) (1,3)  Green beans, sweetcorn (1,3,11)  Orange jelly	Fish fingers (2,3) or Vegetable Sausage (v) (3) Chips, beans, peas  Sultana Flapjack (1,3)
WEEK THREE	Mushroom carbonara (v) (1,3) or Cheese & tomato pizza potato wedges (v) (1,3)  seasonal salad, sweetcorn  Syrup Sponge (1, 2, 11)	Meatballs in a tomato sauce with Spaghetti or Vegetable sausage with Buttered mashed potato (v) (1,6)  , Broccoli & cauliflower  Strawberry jelly	Roast Chicken with Gravy Creamy Vegetable Pie (v) (1,3)  Roast Potatoes Seasonal greens & Carrots  Chocolate Wholemeal oat cookie (1, 3)	Chicken Curry Korma with wholegrain rice (1) or Tomato & Basil Pasta with Cheese (1, 3)  Green Beans, cauliflower  Apple crumble & Custard (1,3)	Battered Fish, chips & Beans (2,3) or Vegetable burger in a Bap, chips (v) (3)  Chips, beans, peas  Ice Cream (1)

Available daily: Fresh fruit Also available daily Jacket potatoes served with a selection of fillings

Allergen Key: 1. Milk, 2. Fish, 3. Gluten, 4. Peanuts, 5. Tree nuts, 6. Soya, 7. Sesame, 8. Lupin, 9. Shellfish, 10. Molluscs, 11. Egg, 12. Sulphite, 13. Celery, 14. Mustard  
MENU IS SUBJECT TO CHANGE \*