



PSHE PROGRESSION MAP

Year 5			
	AUTUMN TERM	SPRING TERM	SUMMER TERM
	Families and Friendships Safe Relationships Respecting Ourselves and Others	Belonging to a Community Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Wellbeing Growing and Changing Keeping Safe
Domain	Progression Statement		
Relationships	 Managing friendships and peer influence Physical contact and feeling safe Responding respectfully to a wide range of people; recognising prejudice and discrimination 		
Living in the Wider World		 Protecting the environment; compassion towards other How information online is targeted; different media types, their role and impact Identifying job interests and aspirations; what influences career choices; workplace stereotypes 	
Health and Well Being			 Sun safety; medicines, vaccinations, immunisations and allergies Personal identity; recognising individuality and different qualities; mental wellbeing Keeping safe in different situations, including responding in emergencies, first aid

Year group long-term overview (with statutory requirements) and subject progression map (above) to be used together to inform medium term planning.