



Federation of St. Cuthbert's and St. Sebastian's Catholic Primary Schools



**PSHE  
PROGRESSION MAP**

<b>Year 4</b>			
	<b>AUTUMN TERM</b>	<b>SPRING TERM</b>	<b>SUMMER TERM</b>
	<p><b>Families and Friendships</b> <b>Safe Relationships</b> <b>Respecting Ourselves and Others</b></p>	<p><b>Belonging to a Community</b> <b>Media Literacy and Digital Resilience</b> <b>Money and Work</b></p>	<p><b>Physical Health and Mental Wellbeing</b> <b>Growing and Changing</b> <b>Keeping Safe</b></p>
Domain	Progression Statement		
Relationships	<ul style="list-style-type: none"> <li>• Positive friendships including online</li> <li>• Responding to hurtful behaviour; managing confidentiality; recognising risks online</li> <li>• Respecting differences and similarities; discussing differences sensitively</li> </ul>		
Living in the Wider World		<ul style="list-style-type: none"> <li>• What makes a community; shared responsibilities</li> <li>• How data is shared and used</li> <li>• Making decisions about money; using and keeping money safe</li> </ul>	
Health and Well Being			<ul style="list-style-type: none"> <li>• Maintaining a balanced lifestyle; oral hygiene and dental care</li> <li>• Physical and emotional changes; personal hygiene routines</li> <li>• Medicines and household products; drugs common to everyday life</li> </ul>

**Year group long-term overview (with statutory requirements) and subject progression map (above) to be used together to inform medium term planning.**