



Federation of St. Cuthbert's and St. Sebastian's Catholic Primary Schools



**PSHE
PROGRESSION MAP**

Year 3			
	AUTUMN TERM	SPRING TERM	SUMMER TERM
	<p>Families and Friendships Safe Relationships Respecting Ourselves and Others</p>	<p>Belonging to a Community Media Literacy and Digital Resilience Money and Work</p>	<p>Physical Health and Mental Wellbeing Growing and Changing Keeping Safe</p>
Domain	Progression Statement		
Relationships	<ul style="list-style-type: none"> • What makes a family; features of family life • Personal boundaries; safely responding to others; the impact of hurtful behaviour • Recognising respectful behaviour; the importance of self-respect; courtesy and being polite 		
Living in the Wider World		<ul style="list-style-type: none"> • The values of rules and laws; rights, freedoms and responsibilities • How the internet is used; assessing information online • Different jobs and skills; job stereotypes; setting personal goals 	
Health and Well Being			<ul style="list-style-type: none"> • Healthy choices and habits; what affects feelings; expressing feelings • Personal strengths and achievements; managing and reframing setbacks • Risks and hazards; safety in the local environment and unfamiliar places

Year group long-term overview (with statutory requirements) and subject progression map (above) to be used together to inform medium term planning.