



**PSHE
PROGRESSION MAP**

Year 1			
	AUTUMN TERM	SPRING TERM	SUMMER TERM
	Families and Friendships Safe Relationships Respecting Ourselves and Others	Belonging to a Community Media Literacy and Digital Resilience Money and Work	Physical Health and Mental Wellbeing Growing and Changing Keeping Safe
Domain	Progression Statement		
Relationships	<ul style="list-style-type: none"> Roles of different people; families; feeling cared for Recognising privacy; staying safe; seeking permission How behaviour affects others; being polite and respectful 		
Living in the Wider World		<ul style="list-style-type: none"> What rules are; caring for others' needs'; looking after the environment Using the internet and digital devices; communicating online Strengths and interest; jobs in the community 	
Health and Well Being			<ul style="list-style-type: none"> Keeping healthy; food and exercise; hygiene routines Recognising what makes them unique and special; feelings; managing when things go wrong How rules and age restrictions help us; keeping safe online

Year group long-term overview (with statutory requirements) and subject progression map (above) to be used together to inform medium term planning.