

# Menu *Week 1*



## MONDAY

**Main Meal**  
Flavoured Chicken Flatbread

**Vegetarian**  
Vegetable Flatbread

**Vegetables & Other**  
Savoury Rice  
Green Beans & Sweetcorn  
Garden Salad

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Fruity Shortbread

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## TUESDAY

**Main Meal**  
Oven Baked Sausage

**Vegetarian**  
Cheese Whirls

**Vegetables & Other**  
Mashed Potato  
Carrots  
Green Beans

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Apple Crumble &  
Custard

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## WEDNESDAY

**Main Meal**  
Traditional Roast Dinner

**Vegetarian**  
Vegetable Pasta Bake

**Vegetables & Other**  
Fresh Seasonal  
Vegetables  
Roast Potatoes

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Flavoured Ice Cream &  
Toppings

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## THURSDAY

**Main Meal**  
Cheesy BBQ Chicken

**Vegetarian**  
Veggie Bean Chilli

**Vegetables & Other**  
Pilau Rice  
Broccoli  
Carrots

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Beetroot Brownie

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## FRIDAY

**Main Meal**  
Fish Fingers

**Vegetarian**  
Cheesy Pasta Bake

**Vegetables & Other**  
Mushy Peas  
Baked Beans  
Oven Baked Chips

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Italian Lemon Drizzle  
Sponge

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

Some of these  
dishes include:



Sustainably Sourced Fish



Red Tractor Farm Assured



Locally Produced/In Season



Free Farming

# Menu *Week 2*



## MONDAY

### Meat Free Monday

#### Main Meal

Vegetarian Pizza

#### Vegetarian

Vegetarian Pizza

#### Vegetables & Other

Homemade Herby Diced Peas & Sweetcorn  
Coleslaw

#### Daily Hot & Cold

Sandwich Selection  
Jacket Potatoes with cheese, beans or tuna

#### Dessert

Ice Cream Roll

#### Daily Extras

Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## TUESDAY

#### Main Meal

Meat & Potato Pie

#### Vegetarian

Vegetable Stew

#### Vegetables & Other

Mashed Potato  
Cabbage  
Broccoli

#### Daily Hot & Cold

Sandwich Selection  
Jacket Potatoes with cheese, beans or tuna

#### Dessert

Chocolate Mandarin  
Cake

#### Daily Extras

Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## WEDNESDAY

#### Main Meal

Traditional Roast Dinner

#### Vegetarian

Cheese & Onion Pie

#### Vegetables & Other

Fresh Seasonal  
Vegetables  
Roast Potato

#### Daily Hot & Cold

Sandwich Selection  
Jacket Potatoes with cheese, beans or tuna

#### Dessert

Fruit Meringue Dessert

#### Daily Extras

Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## THURSDAY

#### Main Meal

Meatballs in Tomato  
Sauce

#### Vegetarian

Mediterranean  
Vegetables in Tomato  
Sauce

#### Vegetables & Other

Pasta Spirals  
Green Beans  
Carrots

#### Daily Hot & Cold

Sandwich Selection  
Jacket Potatoes with cheese, beans or tuna

#### Dessert

Fruit Jelly

#### Daily Extras

Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## FRIDAY

#### Main Meal

Crispy Battered Fish  
Salmon Goujons

#### Vegetarian

Chinese Style Vegetable  
Noodles

#### Vegetables & Other

Mushy / Garden Peas  
Baked Beans  
Oven Baked Chips

#### Daily Hot & Cold

Sandwich Selection  
Jacket Potatoes with cheese, beans or tuna

#### Dessert

Very Berry Cup Cakes

#### Daily Extras

Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

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# Menu *Week 3*



## MONDAY

**Main Meal**  
Chicken Burger

**Vegetarian**  
Vegetable Burger

**Vegetables & Other**  
Homemade Potato Wedges  
Peas & Sweetcorn  
Baked Beans

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with cheese,  
beans or tuna

**Dessert**  
Flavoured Ice Cream

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## TUESDAY

**Main Meal**  
Italian Pasta Bolognese

**Vegetarian**  
Vegetable Lasagne

**Vegetables & Other**  
Green Beans  
Carrots  
Garlic Bread

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Apple & Toffee Sponge  
with Custard

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## WEDNESDAY

**Main Meal**  
Traditional Roast Dinner

**Vegetarian**  
Vegetable Frittata

**Vegetables & Other**  
Fresh Seasonal  
Vegetables  
Roast Potatoes

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Fruity Flapjack

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## THURSDAY

**Main Meal**  
Chicken Tikka Curry

**Vegetarian**  
Tomato & Spinach Pasta  
Bake

**Vegetables & Other**  
Green Beans  
Sweetcorn  
Boiled Rice

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Lemon & Raisin Scones

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

## FRIDAY

**Main Meal**  
Fishy Friday

**Vegetarian**  
Stuffed Potato Skins

**Vegetables & Other**  
Mushy Peas  
Baked Beans  
Oven Chips

**Daily Hot & Cold**  
Sandwich Selection  
Jacket Potatoes with  
cheese, beans or tuna

**Dessert**  
Iced Pineapple Cake

**Daily Extras**  
Yogurt  
Raisin Pots  
Fresh fruit  
Fresh Fruit Pots  
Fresh Sliced Bread

Some of these  
dishes include:



Sustainably Sourced Fish



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